

AKA Warrior Cup 2020

Quick Rule Reference for Under Belt Divisions

Forms

1. Point spread to use is 9.80 to 9.90 – All Divisions
2. .02-point deviation from middle score (not center judge)
3. Split division if more than 16 Competitors
4. Tie Breaker – 1st is Majority of Judges if they are the same then show of hands
5. Drops – 1st drop ok, but each judge must score 9.80 as the score
6. Traditional Forms – Must be martial arts techniques, no inversions or extreme moves
7. Creative Forms – Rolls and Butterfly Kicks are Ok, No Inversions
8. Extreme Forms – Has to have an inversion or a technique that goes past 360 degrees
9. Musical Forms – Competitor should at least make an attempt to hit major beats

Sparring

1. Safety Gear – head, hands, feet, mouth guard, groin cup, and face mask
2. Time of Match – 2 Minutes or 7 Points
3. Points – 1 Point Punch, 2 Point Kick
4. Out of Bounds – 1 foot out is out of bounds
5. Scoring out of Bounds – Person out cannot score, person in can score until stop is called
6. Front Leg Sweep is Ok
7. NO Face Contact – No Warnings, award points
8. If a competitor is not ready when called (pads not on, doesn't have equipment, etc.) they will have 1 minute to get ready then a point will be awarded to opponent, then the same for next two minutes. After three minutes, competitor is disqualified